



## CSAA VOLLEYBALL SPECIAL RULES rev 10/19

CSAA Volleyball rules are the same as the National Federation of State High School Association rules with the following exceptions or interpretations:

### **MATCHES:** (Exception to Rule 1, Sec. 2, Art. 1 & Sec. 4 & Sec. 5)

A match will shall consist of the best two-of-three sets. The first team to win two sets shall be the winner of the match. The first two sets shall be 25 points (no cap), and a team must win by at least two points. The third and deciding set shall be 15 points (no cap) and a team must win by at least two points. Rally scoring will be used for all sets played. If the same team wins the first two sets, and there is more than 20 minutes before the next match, a third practice set can be started. (Play must end to allow the next match to have 10 minutes to warm up).

### **Home and Visitors** (Rule 1, Sec. 6)

The team listed first on the schedule (or on the top bracket of the tournament) will be the home team. The team listed second on the schedule (or on the bottom bracket of the tournament) will be the visitors.

### **WARM UP TIME BEFORE MATCHES:**

Normal warm-up time shall be eight (8) minutes:

The team serving first, will have the entire court for the first four (4) minutes (including serving).

The team receiving first will have the entire court for the last four (4) minutes (including serving).

If time allows there will be shared court time prior to the individual sessions.

### **Interval between sets:** (Exception to Rule 1, Sec. 2, Art. 2)

**The interval between sets is two minutes.**

### **Time-Outs** (Rule 11, Sec. 2, Art. 3)

A time-out will last for a maximum of 60 seconds, unless both teams are ready to play.

Each team is limited to two time-outs per set.

### **SERVING AREA:** (Exception to Rule 2, Sec.1, Art. 6)

**6TH GRADE:** The serving line shall be 20' from the net. A line will be located across the floor from sideline to sideline.

**4TH GRADE** - The serving line shall be 15' from the net. A line will be located across the floor from sideline to sideline.

### **4TH GRADE SERVING:** (Exception Rule 8, Sec. 1, Art. 5)

The 4th grade division, the serving team is required to rotate after 5 consecutive points won on a serve. This is not a side out, only a rotation.

### **SERVING TIME LIMIT:** (Rule 8, Sec 2, Art. 5 (c))

**A player has 5 seconds to serve.** Bouncing the ball or holding it more than 5 seconds will result in a side out and the team possessing the ball will lose its serve. This timing decision will be made by the Referee.

### **Substitutions:** (Rule 10)

NFHS rules apply to all substitutions.

### **NET HEIGHT:** (Exception to Rule 3, Sec. 1, Art. 4)

8TH GRADE: 7 feet 4-1/8 inches

6TH GRADE: 7 feet 1 inch

4TH GRADE: 6 feet 6 inches.

### **Libero :** (Rule 4, Sec. 2, Art. 2 & Rule 10, Sec 4, Art 5).

The libero is allowed to serve in CSAA matches per the NFHS rules. The libero must wear a different color jersey from the rest of the team. Additionally, the libero can serve in only one rotation in the serve order and the coach is allowed to change the libero after each set or game.

**PLAYERS: (Rule 6, Sec. 2, Art. 1 & 2).**

8TH, 6TH AND 4TH GRADE DIVISIONS - A team must have 6 players to begin a match. If a team has fewer than 6 players after the start of a match, they can continue play. Example; if a player is hurt and removed from the game, and no substitutes are available, the game will continue with five players or less without forfeiture. When a team plays short an automatic side out applies each time the empty slot rotates to the serve position. Additionally, when the empty slot rotates to the front row, they are only allowed 2 front row players.

**LEGAL CONTACT: (Rule 9, Sec. 4, Art. 5 - explanation).**

The ball can hit and play off the foot, but it cannot be kicked.

**SPORTSMANSHIP: (Rule 12, Sec. 2, Art. 8 and 9).**

Acts of unsportsmanlike conduct (as determined by the referee) could result in a point being awarded to the opposing team. If a referee deems excessive unsportsmanlike conduct, the match will be forfeited and offending team, including all players and coaches, may be disqualified from further competition and/or ejected from the facility. League Managers or Referees can enforce this rule.

**DISQUALIFICATION:**

If a coach or player is ejected from a game, there will be a minimum suspension of one match. The coach or player must also be officially reinstated by the CSAA Executive Director before they will be allowed to coach, play or attend another match.

**OFFICIAL BALL:**

6<sup>th</sup> grade boys, 8<sup>th</sup> grade boys and girls ----- Any brand regulation indoor volleyball

6<sup>th</sup> grade girls, 4<sup>th</sup> grade boys and girls ----- Any brand volley-lite style indoor volleyball

**LINE UP CARDS:**

CSAA Lineup cards are required for all matches and must remain at the scores table during play. The cards can be found on the CSAA web site at [www.loucsaa.net](http://www.loucsaa.net).

**TOURNAMENT:**

The tournament will include all 6<sup>th</sup> and 8<sup>th</sup> grade teams. There will be no tournament for the 4th grade division.

**PROTEST:**

There will be no protest in league or tournament play.

**PENALTY FOR IMPROPER UNIFORM: (Exception: Rule 4, Sec. 2)**

When a starting player(s) or substitute is wearing an improper uniform, a point or side-out is awarded the opponent for each set, per player. The offending player will be allowed to play without correcting the uniform. Shorts are not considered part of the uniform and no penalty will be assessed. Logo on sleeve is not to exceed 1 ½ x 1 ½.

**FACE OR BODY PAINT AND JEWELRY: (Rule 4, Sec. 1, Art. 7)**

Face painting, temporary tattoos, glitter, or body painting of any kind, including paint or glitter in the hair is not allowed. Jewelry, including earrings of any kind are not allowed.