



2022 CSAA TRACK MEET
1:00 Sunday, April 24th
St. Xavier High School

AD's and Track Coordinators,

Every AD is encouraged to contact Coach Yochum kyochum@saintx.com with any questions regarding the track meet on 4/24/2022. We will not have an "in person" meeting this year and all communication will take place electronically. All AD's are strongly encouraged to have their coaches (especially new coaches) reach out with any questions and to verify they are compliant with the registration procedures.

REGISTRATION: Teams will use Milesplit to register their athletes for races. Running events will be seeded based on best times, per athlete report, at the starting line. Coaches should enter their athletes by time according to actual past performances, ideally from races, but in time trials or practice if necessary.

Registrations with times must be submitted via Milesplit.com / Kytrackxc by April 19th. All teams must submit entries by this date.

Athletes adjusted after the due date will not receive first seeding placement and will not appear in the program.

Receipt of all entries will be confirmed via milesplit.com.

Email changes/additions to – kyochum@saintx.com after the deadline. Include the school name and your name in the subject line. Late adjustments are not guaranteed after April 19th.

EVENTS

Each participant is allowed to enter a maximum of 4 events, including the 4 x 100 Meter Relay.

SR. BOYS

High Jump
Shot Put – 8 LB.
Long Jump
1600 Meter Run
55 Meters Hurdles
100 Meters Dash
200 Meters Run
400 Meters Run
800 Meters Run
4 x 100 Meter Relay

JR. BOYS

High Jump
Shot Put - 6 LB.
Long Jump
1600 Meter Run
55 Meters Hurdles
100 Meters Dash
200 Meters Run
400 Meters Run
800 Meters Run
4 x 100 Meter Relay

SR.GIRLS

High Jump
Shot Put - 6 LB.
Long Jump
1600 Meter Run
55 Meters Hurdles
100 Meters Dash
200 Meters Run
400 Meters Run
800 Meters Run
4 x 100 Meter Relay

JR. GIRLS

High Jump
Shot Put – 6 LB.
Long Jump
1600 Meter Run
55 Meters Hurdles
100 Meters Dash
200 Meters Run
400 Meters Run
800 Meters Run
4 x 100 Meter Relay

The 55 meter hurdle event will include 5 hurdles per National Federation standards.

FRANCHISE FEE: \$17.00 per Individual. Each parish will be invoiced for every participant that is registered in Milesplit.

All participants must be properly rostered and approved in CSAA GameDay to be eligible and participant in any parish sponsored track event or meet. No exceptions!! For the CSAA championship, only those who are entered in Milesplit will be billed. All entries will be billed regardless of if they show up or not. An invoice will be sent to each parish after the meet.

NEW TRACK AND FIELD SEASON STARTING DATE: February 1

The CSAA “FUN MEET” will take place Saturday, April 30th at St. John Paul II (3521 Goldsmith Lane) at 10:00AM.

Boys and Girls K - 4TH grade are eligible to participate in the Fun Run. \$7.00 per Individual

Kyle Yochum
CSAA Track Director
kyochum@saintx.com

Rick Arnold
CSAA Executive Director
rick@loucsaa.org