



CSAA VOLLEYBALL SPECIAL RULES

CSAA Volleyball rules are the same as the National Federation of State High School Association rules with the following exceptions or interpretations:

MATCHES: (Exception to Rule 1, Sec. 2, Art. 1 & Sec. 4 & Sec. 5)

A match will shall consist of the best two-of-three sets. The first team to win two sets shall be the winner of the match. The first two sets shall be 25 points (no cap), and a team must win by at least two points. The third and deciding set shall be 15 points (no cap) and a team must win by at least two points. Rally scoring will be used for all sets played. If the same team wins the first two sets, and there is more than 20 minutes before the next match, a third practice set can be started. (Play must end to allow the next match to have 10 minutes to warm up).

WARM UP TIME BEFORE MATCHES:

Normal warm-up time shall be eight (8) minutes:

The team serving first, will have the entire court for the first four (4) minutes (including serving).

The team receiving first will have the entire court for the last four (4) minutes (including serving).

If time allows there will be shared court time prior to the individual sessions.

Interval between sets: (Exception to Rule 1, Sec. 2, Art. 2)

The interval between sets is two minutes.

SERVING AREA: (Exception to Rule 2, Sec.1, Art. 6)

6TH GRADE: The serving line shall be 20' from the net. A line will be located across the floor from sideline to sideline.

4TH GRADE - The serving line shall be 15' from the net. A line will be located across the floor from sideline to sideline.

4TH GRADE SERVING: (Exception Rule 8, Sec. 1, Art. 5)

The 4th grade division, the serving team is required to rotate after 5 consecutive points won on a serve. This is not a side out, only a rotation.

Substitutions: (Rule 10)

NFHS rules apply to all substitutions.

NET HEIGHT: (Exception to Rule 3, Sec. 1, Art. 4)

8TH GRADE: 7 feet 4-1/8 inches

6TH GRADE: 7 feet 1 inch

4TH GRADE: 6 feet 6 inches.

PLAYERS: (Rule 6, Sec. 2, Art. 1 & 2).

8TH, 6TH, AND 4TH GRADE DIVISIONS - A team must have 6 players to begin a match. If a team has fewer than 6 players after the start of a match, they can continue play. Example: if a player is hurt and removed from the game, and no substitutes are available, the game will continue with five players or less without forfeiture. When a team plays short an automatic side out applies each time the empty slot rotates to the serve position. Additionally, when the empty slot rotates to the front row, they are only allowed 2 front row players.

LEGAL CONTACT: (Rule 9 Sec. 4. Art. 5) - Legal contact is a touch of the ball by any part of a player's body which does not allow the ball to visibly come to rest or involve prolonged contact with a player's body. (Kicking the ball is legal).

SPORTSMANSHIP: (Rule 12, Sec. 2, Art. 8 and 9).

Acts of unsportsmanlike conduct (as determined by the referee) could result in a point being awarded to the opposing team. If a referee deems excessive unsportsmanlike conduct, the match will be forfeited and offending team, including all players and coaches, may be disqualified from further competition and/or ejected from the facility. League Managers or Referees can enforce this rule.

DISQUALIFICATION:

If a coach or player is ejected from a game, there will be a minimum suspension of one match. The coach or player must also be officially reinstated by the CSAA Executive Director before they will be allowed to coach, play, or attend another match.

OFFICIAL BALL:

6th grade boys, 8th grade boys and girls - Any reputable adult indoor volleyball ball is approved. They must be 65 to 67-centimeters or 25.5 to 26.5-inches in circumference. They weigh 9.2 to 9.9-ounces or 260 to 280-grams. They should have a psi of 4.3 to 4.6.

6th grade girls, 4th grade boys and girls - Any reputable youth indoor volleyball ball is approved. They should be 63 to 65-centimeters or 25 to 26-inches in circumference. Weight: 7.0 - 7.7 ounces. Circumference: 25.5" - 26.4"

LINE UP CARDS:

CSAA Lineup cards are required for all matches and must remain at the scores table during play. The cards can be found on the CSAA web site at www.loucsaa.net.

TOURNAMENT:

The tournament will include all 6th and 8th grade teams. There will be no tournament for the 4th grade division.

PROTEST:

There will be no protest in league or tournament play.

PENALTY FOR IMPROPER UNIFORM: (Exception: Rule 4, Sec. 2)

When a starting player(s) or substitute is wearing an improper uniform, a point or side-out is awarded the opponent for each set, per player. The offending player will be allowed to play without correcting the uniform. Shorts are not considered part of the uniform and no penalty will be assessed. Logo on sleeve is not to exceed 1 ½ x 1 ½.

FACE OR BODY PAINT AND JEWELRY: (Rule 4, Sec. 1, Art. 7)

Face painting, temporary tattoos, glitter, or body painting of any kind, including paint or glitter in the hair is not allowed. Jewelry, including earrings of any kind are not allowed.

HEAD COACH (Rule 9, Sec. 1, Art. 1 and Rule 12, Sec. 2, Art. 6) (Exception Rule 12 Section 2 Article 6)

The head coach may stand only in the libero replacement zone, to coach his/her players. During play, the head coach shall be no closer than 6 feet from the sideline. If a yellow card is issued for unsporting conduct to the head coach, assistant coach(es) or team bench, the head coach shall remain seated for the remainder of the match.

SERVING: (Rule 8, Sec 1, Art, 5 (f))

A serve is illegal if the server releases the ball for service, then catches it or drops it to the floor more than once during his/her term of service. This will result in loss of serve and a point to the opposing team.