2023 CSAA TRACK MEET
1:00 Sunday, April 23
St. Xavier High School

This meet is broken into 2 divisions - 5th-6th grade Junior Division and 7th-8th grade Senior Division. Junior and Senior Divisions will run separately and will be scored separately.

Location - Saint X High School

Date - Sunday, April 23, 2023 - 1:00 pm

Registration - Teams will use Milesplit to register their athletes for races. Running events will be seeded based on best times, per milesplit. Registrations are due Tuesday, April 19th. All teams must submit entries on Milesplit by that date.Receipt of all entries will be confirmed via milesplit.com

Email - kyochum@saintx.com for questions

Timing - DC Timing

Map - Location of Events<https://drive.google.com/file/d/1DbWJmEebigJrdY13PXT-OqaciW3IBKN9/view?usp=sharing>

[https://assets.sp.milesplit.com/meets/466712/images/screenshot_2022-04-19_5.05.33_pm.png]

Admission - Adults - $5.00, K-12 Students - $3.00, Seniors - $3.00,   No Family Rate for this event

Concessions - Yes

Gates open: 12pm.

Coaches meeting: 12:15pm

Participant Entry fees - $17 per competitor for up to 4 events. **Fees will be billed by the CSAA office directly to each school for each participant registered** (no shows included).

Limit of Events - Each participant is allowed to enter a maximum of 4 events, including the 4x100 meter relay. Any athletes competing in more than 4 events will have his or her points disqualified from all events.

Order of Events - rolling schedule

1600m run

55m Hurdles - 5 hurdles per National Federation standards

100m dash

400m dash

800m run

200m run

4x100m relay

Field events - Shot and long jump are open pits.

High Jump - (starting heights: girls 3-2, boys 3-6) 5th-8th jump together & results are separated.

Shot Put - (6lb-Jr Boys and Jr/Sr. Girls) (8lb-Sr. Boys)

Long Jump

Awards - Top 3 will receive medals at the Awards table after results are verified. 5-8 will receive ribbons at the same time and place.